



POST EXTRACTION INSTRUCTIONS

Have the patient bite on gauze during the first hour. You can change the gauze during that time as needed.

Have the patient refrain from using a straw or spitting for the next 12 to 24 hours.

A soft diet with lots of fluids is appropriate for the first few hours. The patient can ease back in to a normal diet over the next 24 hours.

There may be some slight bleeding during the next day. If there is any profuse bleeding have the patient apply pressure by biting on a gauze or damp cloth with steady pressure.

Slight swelling may be present. Ice packs can be used at a rate of 10 minutes on, then 10 minutes off. Repeat as needed. Bruising may occur as well.

Use an over-the-counter analgesic and anti-inflammatory as needed for the next few days.

If you have questions or concerns please call the office!